

# Who I am in Christ



# *Who I am in Christ Jesus*

Many Christians struggle with successful living in most areas because of their lack of understanding of who they are in fullness of the promises of God. This study has been compiled to help people find their identity in Christ and over the years has been applied effectively as a counselling tool for many individuals that are faced with identity crisis difficulties. The course that we are about to describe has been used with great results.

In this booklet is a list of seventy-two principles that will instruct you the believer in the ways of the Lord, and prayerfully will enable you to walk in the power of his might and give you the strength to overcome the enemy.



## ***Step 1.***

Take the first scripture on page one on the first day. Look it up in your Bible and speak it out aloud. Write it out on a piece of paper or card.

## ***Step 2.***

Meditate on it ( think over and over ) all day. This will allow the content of that truth from the Word of God to get deep into your Spirit.

## ***Step 3.***

At the end of the day make sure you speak it out again, then thank the Lord for receiving the word as revelation and for the effect it will have in your life in the days, weeks and months to come.

## ***Step 4.***

In your own words, write down on paper what the scripture now means to you, and how you think that it will effect you in the days to come.

## ***Step 5.***

Repeat the above process each day with the next scripture.

## ***Step 6.***

At the finish of the week we advise you to then write out an overall summary of how you are feeling in the light of your study, and take all of you notes to your counsellor. The counsellor will then discuss your improvement and ask you to continue the program until such a time that you are walking king in victory.

***NOTE:*** The summary statement before each verse can be used as a positive faith confession during the day and then in the weeks and months to come, continue to speak them out a 'vision' you have discovered.

# The Word of God

## ***Meditating in God's Word***

When God speaks of success, He relates it to the activity of meditation in His Word.

***Joshua 1:8*** "This Book of the Law shall not depart from your mouth; but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success "

***Psalms 1: 2-3*** "But his delight is in the law of the Lord, and in His law he meditates day and night He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season. Whose leaf also shall not wither; and whatever he does shall prosper ".

To meditate literally means to repeat over and over in the mind, what which we have memorised. By doing this with God's Word we reprogram our actions and thoughts so that they become new.

Meditation involves basically three steps:

### ***1. Memorise. 2. Personalise. 3. Visualise.***

**Memorise:** Commit verses to your memory.

**Personalise:** Quote them back to God in the first person, eg: "*This book of the law shall not depart out of my mouth " I shall meditate .....etc.*

**Visualise:** Picture each word. Ponder over it. See yourself doing what God's Word tells you to do. See yourself as God Himself sees you and says you are.

*Use these statements to overcome wrong thoughts  
and to establish the word of God in you!*

#### *Attitudes:*

*One of the chief areas where our thoughts and God's thoughts  
are at real variance is that which concerns ourselves.*

*These conflicting thoughts and attitudes affect every other relationship in our  
life.*

*This is why it is important to let our thoughts be renewed by the Word of god.  
As we start to see ourselves as God sees us, we overcome  
thoughts of self-rejection by others.*

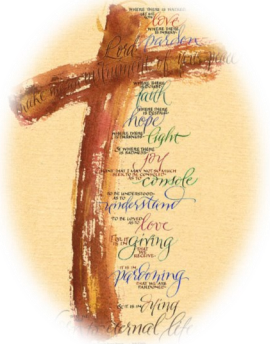
*It is so important to accept ourselves as we are (warts and all) and spend time  
developing a deeper personal relationship with God.*



# God tells me in His Word that .....

- I am* God's child for 1 am born again of the incorruptible seed of the Word of God which lives and abides forever. 1 Peter 1:23
- I am* Forgiven of all my sins. 1 John 2:12; 1 John 1:9
- I am* A new creature. 2 Cor. 5:17
- I am* The temple of the Holy Spirit. 1 Cor. 6:19
- I am* Delivered from the power of darkness and translated into God's Kingdom. Col. 1: 13
- I am* Redeemed from the curse of the law. 1 Pet. 1:18,19; Gal. 3:13
- I am* Blessed. Deut. 28:2; Gal 3:9
- I am* The head and not the tail. Above only and not beneath. Dent 2 8: 13
- I am* Holy and without blame before Him in love. Eph. 1:4
- I am* Established to the end. 1 Cor. 1:8
- I am* Made nigh by the Blood of Christ. Eph. 2: 13
- I am* Victorious. 1 Cor. 15:57
- I am* Set Free. John 8:36
- I am* Strong in the Lord. Eph. 6: 10
- I am* Dead to sin and alive to God. Rom. 6:11
- I am* More than a conqueror. Rom. 8:37
- I am* Joint heir with Christ. Rom. 8:17
- I am* Sealed with the Holy Spirit of Promise. Eph. 1: 13
- I am* A son of God. Gal. 4:7

- I am* In Christ Jesus, by His doing. 1 Cor. 1:30
- I am* Accepted in the Beloved. Eph. 1:6
- I am* Complete in Him. Col. 2: 10
- I am* Crucified with Christ. Gal. 2:20
- I am* Alive with Christ. Eph. 2:4,5
- I am* Free from condemnation. Rom. 8:1
- I am* Reconciled to God. 2 Cor. 5:18
- I am* Qualified to share in his inheritance. Cot. 1: 12
- I am* Firmly rooted, built up, established in my faith and overflowing with gratitude. Col. 2:7
- I am* A fellow citizen with the saints and of the household of God. Eph. 2:19
- I am* Built upon the foundation of the apostles and prophets, Jesus Christ Himself being the Chief Corner Stone. Eph. 2:20
- I am* Born of God and the evil one does not touch me. 1 John 5:18
- I am* His faithful follower. Eph. 5:1
- I am* Overtaken with blessings. Eph. 1:3
- I am* His disciple because I have love for others. John 13: 3 4,3 5
- I am* The light of the world. Mat. 5:14
- I am* The salt of the earth. Mat 5: 13
- I am* The righteousness of God. 2 Cor. 5:21
- I am* A partaker of His divine nature. 2 Peter 1:4
- I am* Called of God. 2 Tim. 1:9
- I am* The first fruits among His creation. James 1: 18
- I am* Chosen. Eph. 1:4
- I am* An ambassador for Christ. 2 Cor. 5:20
- I am* God's workmanship created in Christ Jesus for good works. Eph. 2: 10



*I am* The apple of my Father's eye. Psalm 17:8

*I am* Healed by the stripes of Jesus. 1 Peter 2:24

*I am* Being changed into His image. 2 Cor. 3: 18

*I have* The mind of Christ. 1 Cor. 2:16

*I have* Obtained an inheritance. Eph. 1: 11

*I have* Access by one Spirit unto the Father. Eph. 2:18

*I have* Overcome the world. 1 John 5:4

*I have* Everlasting life and will not be condemned. John 5:24

*I have* God as my heavenly Father 2 Cor. 6:18

*I have* The spirit of wisdom and revelation in the knowledge of Him. Eph. 1:17

*I have* The peace of God which passes understanding. Phil 4:7

*I have* Received power, the power of the Holy Spirit;  
power to lay hands on the sick and see them recover;  
power to cast out demons. Mark 16:17,18

*I have* Authority over all the power of the enemy  
and nothing shall by any means hurt me. Luke 10:19

*I live* By and in the law of the Spirit of Life in Christ Jesus. Rom. 8:2

*I walk* In Christ Jesus. Col. 2:6

*I can* Do all things in Christ Jesus. Phil. 4:13

*My life* Is hid with Christ in God. Col. 3:3

*I shall* Do even Greater works than Christ Jesus. John 14:12

*I* Possess the Greater One in me because  
greater is He who is in me than he  
who is in the world. 1 John 4:4

*I* Always triumph in Christ. 2 Cor. 2:14

*I* Proclaim and show forth His praise. 1 Peter 2:9

*I* Overcome evil with good. Rom. 12:21



<i>I</i>	Put my faith in the power of God.	1 Cor. 2:5	
<i>I press</i>	Towards the mark for the prize of the high calling of God.	Phil. 3:14	
<i>God</i>	Is directing my paths.	Prov. 3:5,6	
<i>I am</i>	Raised up with Christ and seated in heavenly places.		Eph. 2:6
<i>I am</i>	Beloved of God.	Col. 3:12	
<i>I am</i>	One in Christ.	John 17:21	

Hebrews 4:12

“The Word of God is living and powerful,  
and sharper than any two-edged sword,  
piercing even to the division of soul and spirit  
and of joints and marrow,  
and is a discerner of the thoughts and intents of the heart”.

# The Word of God





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